



Family News

News and Information for Families of individuals at Muscatatuck SDC and Madison State Hospital during the transition to community-based services.

December 2002

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We Want Your Ideas

Responses to the Family News survey were few. Four family members completed and returned surveys. The low response rate does not provide adequate input to paint a clear direction to the Southeast Regional Center Communication Workgroup responsible for the contents of the newsletter.

This is your newsletter. We want to provide information you find valuable as you plan the transition of your family member into a new setting. Some of you will be transitioning your family member into the Southeast Regional Center while others will be selecting home and community-based services for your loved one. This is your chance to design your own newsletter and to request the information you and your family want.

Your input will continue to be welcome. You may contact us as follows:

MSDC/MSH Newsletter
Family and Social Services Administration
Office of Policy, Planning and Communication
P.O. Box 7083 - Mail Stop 25
Indianapolis, IN 46207-7083

Newsletter E-mail:
OfficeOfTheSecretary@fssa.state.in.us
Toll-free hot line: 1-800-903-9822
24 hours a day - 7 days a week

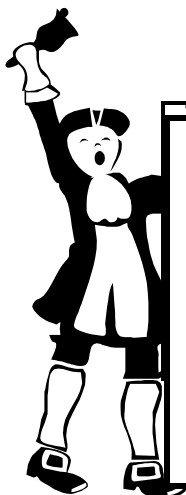
Keep In Mind

MSDC/MSH Info Hot Line: **800-903-9822**

Div. of Disability, Aging & Rehab Services:
800-545-7763

Ombudsman: **800-622-4484**

Div. of Mental Health & Addiction:
800-901-1133



Coming Soon – Questions and Answers

Send your questions to
Secretary Hamilton via
the information hot line at
1-800-903-9822

**Governor's Commission on Home and
Community-Based Services
-Committees Highlighted-
3rd in a continuing series**

Seven task forces and two committees support the Governor's Commission on Home and Community-Based Services. The seven task forces and task force chairpersons were highlighted in the November 2002 issues of Family News and Employee News. A Consumer Advisory Committee and a Governor's Technical Advisory Committee were also established. These committees advise, facilitate and support the work of the Commission. The committee functions and chairpersons are summarized below.

Consumer Advisory Committee
Ed Bell, Chairperson

- ◆ Provides support for focus group input ensuring that all stakeholder groups are represented,
- ◆ Develops a list of challenges and suggested solutions related to plans being addressed,
- ◆ Reviews and provides comments on all Task Force reports, and
- ◆ Serves as a resource to the Commission by reviewing the preliminary and final reports to Governor O'Bannon.

Governor's Technical Advisory Group
Katie Humphries, Chairperson

- ◆ Assists with the development of agendas, materials and presentations for Commission meetings;
- ◆ Supports the work of the Commission;
- ◆ Facilitates Commission activities;
- ◆ Reviews and provides input to reports from the Commission and its Task Forces.

Contact Information:
William Johnson — Asst. Dir., DDARS
1-800-545-7763
317-232-1147
wjohnson@fssa.state.in.us

Linda Church — Commission Contact
lchurch@fssa.state.in.us

www.in.gov/fssa/community/



**DMHA Central Office
Staff Changes**

After ten years with DMHA, Richard DeLiberty resigned as Assistant Deputy Director - Office of Transitional Services and Assistant Director - DMHA. Rich has joined Cummins Mental Health Center as Executive Vice President. His duties at Cummins will include overseeing facilities, transportation and risk management. He will also work in quality assurance, outcome management, and evidence-based program management. Tom Rich was named Acting Deputy Director effective December 2nd.

Janet Corson is taking early retirement as the Director of DMHA effective January 10, 2003. Janet began with the State ten years ago as Assistant Deputy Director of Public Policy. She became the Acting Director of the Division in January 1998 and Director in July of 1998. Retirement for Janet will not mean inactivity. She plans to volunteer at her daughter's school, spend time in Michigan, and exercise more often.

Secretary John Hamilton expects to name a new Division Director soon. Candidates for Deputy Director will be considered once a Division Director has been selected.

MEDICAID HOME AND COMMUNITY-BASED SERVICES WAIVER FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

The Medicaid Home and Community-Based Services (HCBS) Waiver for individuals with developmental disabilities became effective October 1, 2001. The new DD Waiver, which replaced the previous ICF/MR Waiver, offers a new menu of services and a wider range of choices. Individuals who were receiving services on the ICF/MR Waiver as of September 30, 2001 were automatically transferred to the new DD Waiver. The HCBS Waiver services and supports were designed to assist anyone at risk of institutionalization to live in the most inclusive community setting possible.

Each individual on the DD Waiver has a Targeted Case Manager who assists the individual and his/her family in choosing providers for needed services. The Targeted Case Manager also coordinates and monitors all services the individual receives.

Individuals have free choice among all qualified providers of a service, including a choice of Targeted Case Managers. Services are person centered and individually planned. The individual and his/her planning team work together to plan goals and objectives that are meaningful. The plan will help the individual live as independently as possible in the community.

The Targeted Case Manager assists the individual in locating housing in the community. The individual may live alone, with up to three housemates, or with family members. This depends on the individual's preference, financial situation, and other factors.

Services that are currently available to individuals on the DD Waiver include:

- Adult Day Services (formerly Adult Day Care)
- Behavior Management/Shaping
- Community Educational/Therapeutic Activities
- Community Habilitation and Participation
- Crisis Intervention Services
- Environmental Modifications
- Family and Caregiver Training
- Health Care Coordination
- Music Therapy
- Nutritional Counseling
- Occupational Therapy
- Personal Emergency Response Systems
- Physical Therapy
- Pre-Vocational Services
- Psychological Therapy
- Recreational Therapy
- Rent and Food for Live-In, Unrelated Caregiver
- Residential Habilitation and Support
- Respite Care
- Specialized Medical Equipment and Supplies
- Speech/Language Therapy
- Supported Employment
- Transportation – Residential Services

To receive services through the DD Waiver, an individual must apply with the local Bureau of Developmental Disabilities Services District Office. BDDS staff will determine if an individual meets the State definition for receiving services for individuals with developmental disabilities based on the following criteria.

An individual must have a severe, chronic disability that is attributable to:

(Continued on page 4)

(Continued from page 3)

1. A mental impairment (not a mental illness) or
2. A physical impairment that
 - Originated prior to age 22;
 - Reflects the individual's need for a combination and sequence of special, interdisciplinary or generic care treatment or other services that are of lifelong or extended duration and are individually planned or coordinated; and
 - Poses a substantial limitation in at least 3 of the following areas: self-care, learning, self-direction, capacity for independent living, receptive and expressive language, economic self-sufficiency, and mobility.
3. The individual must meet the level of care an individual would receive in an Intermediate Care Facility for the Mentally Retarded (ICF/MR).
4. The DD Waiver must have a slot available that is assigned to the individual. Each of the 7 Indiana HCBS Waiver Programs has a specific number of individuals each waiver may serve in the year. Once all of those waiver slots have been assigned for the year, individuals are entered on a waiting list to receive services as slots become available.
5. The individual's Plan of Care must be safe and feasible in the community.

Individuals who are interested in obtaining services through the DD Waiver, the Autism Waiver, or the Support Services Waiver should contact their local BDDS District Office to begin the application process.

Telephone: 800-545-7763

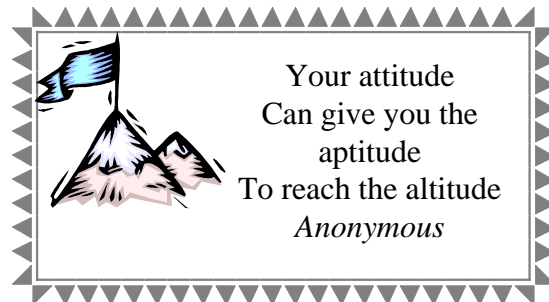
Making Positive Choices In The Midst Of Change

The event + the choices you make = the outcome.

A simplistic equation, but the truth is events don't make us do things. Tornado alerts don't make us run to the basement. It's our **choice**. In fact, a meteorologist may choose to run outside to get a better look at the twister.

Learn where to take control and where to let go. Sometimes we try to exert our influence in situations in which we have no control. Other times we don't take a stand or make a choice when we have the ability to. You can be angry that it's raining (there's no controlling the weather) and angry that you're getting wet (your clothes are getting ruined!), or you can choose to use an umbrella. Take control and make choices where you can, let go where you can't and take control of you.

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Future Issues

- Southeast Regional Center Updates
- Your Questions & Answers with Secretary John Hamilton